

2010 GNBC Distance/Mini Meet  
January 30-31, 2010

FACILITY	Greater Newark Boys & Girls Club Pool Six lane, Twenty-five (25) yard course
DATE & TIME	Saturday, January 30 <sup>th</sup> <ul style="list-style-type: none"> <li>• Mini Meet (8&amp;U): 8 AM warm-up, 8:30 AM meet start</li> <li>• Distance Meet: 11:15 AM warm-up, 12:00 PM meet start</li> </ul> Sunday, January 31 <sup>st</sup> <ul style="list-style-type: none"> <li>• Distance Meet: 11:15 AM warm-up, 12:00 PM meet start</li> </ul>
LOCATION	Greater Newark Boys & Girls Club 1 Positive Place, Newark, DE 19702, 302-836-6464
ELIGIBILITY	Open to Pioneer Swim League teams and swimmers. Swimmers' age is as of <b>October 15, 2009</b> .
SEEDING	All 8&U events will be pre-seeded.  All 12&U and OPEN events: <ul style="list-style-type: none"> <li>• are positive check-in.</li> <li>• will be deck seeded.</li> <li>• will be swum girls and boys together.</li> <li>• will be timed finals.</li> </ul> Swimmers must provide their own counters and timers for the 500 and 1650 freestyles.
ENTRY LIMIT	Mini Meet (8&U): Swimmers may enter a maximum of five (5) events per day.  Distance Meet: Swimmers may enter a maximum of three (3) events per day.
ENTRIES	Entries should be submitted using either Hy-Tek's Meet Manager / Team Lite Software or using attached entry form. <b>Swimmers' birthdates, first, and last names must be submitted when using the entry form.</b>  Entries should be submitted via email to Diana Stambaugh at <a href="mailto:dstambaugh@bgclubs.org">dstambaugh@bgclubs.org</a> . In body of email, please submit total number of swimmers and individual entries entered, as well as a list of timers, volunteers and officials.
ENTRY FEE	\$1.00 per individual event
ENTRY DEADLINE	<b>Friday, January 22, 2010</b>
AWARDS	Mini Meet: <ul style="list-style-type: none"> <li>• Award ribbons will be given to the top 6 finishers in each 6&amp;U, 7 year-old and 8 year-old event.</li> <li>• 8&amp;U event awards will be separated by age group: the top 6 finishers in each age group (6&amp;U, 7 year-old and 8 year-old) will receive a ribbon.</li> </ul> Distance Meet: <ul style="list-style-type: none"> <li>• Awards for swimmers 12 and under will be separated by age group: the top 6 finishers in each age group (10&amp;U and 11-12) for each event will receive a</li> </ul>

	ribbon. <ul style="list-style-type: none"> <li>• There will be no awards for swimmers 13 and over.</li> </ul>
<b>RULES</b>	Current USA Swimming rules for starts, strokes and turns will be in effect.
<b>OFFICIALS &amp; VOLUNTEERS</b>	Please submit the names of all timers, officials and any other volunteers with team entries. Each team will be required to supply 4 timers. USA certified officials will be required for the meet.
<b>PROGRAM &amp; ADMISSION</b>	Meet Programs will be on sale for \$1. Admission is free.
<b>RESULTS</b>	Results will be posted at the meet, emailed out to the teams, and posted on the Pioneer Swim League web site ( <a href="http://www.pslswim.org">http://www.pslswim.org</a> ).
<b>DIRECTIONS</b>	From the North: <ul style="list-style-type: none"> <li>• Take I-95 South into Delaware (or I-95 South to I-495 South to I-95 South). Take exit 4A (Rt. 1 South; Christiana/Mall Road). Stay on Rt. 1 for about 3½ miles. Take the exit for Pulaski Highway (Rt. 40) towards Elkton, MD. Follow this for about 2½ miles; the club will be on your right. After you walk in the main entrance, the pool is in the back left corner.</li> </ul>

### Order of Events

Saturday, January 30, 2010 - Session 1 – Mini Meet

Warm Up: 8:00 AM

Start: 8:30 AM

<b>Girls Event #</b>	<b>Event Description</b>	<b>Boys Event #</b>
1	8 & Under 50 Freestyle	2
3	8 year olds 25 Freestyle	4
5	7 year olds 25 Freestyle	6
7	6 & Under 25 Freestyle	8
9	8 & Under 50 Backstroke	10
11	8 year olds 25 Backstroke	12
13	7 year olds 25 Backstroke	14
15	6 & Under 25 Backstroke	16
17	8 & Under 50 Butterfly	18
19	8 year olds 25 Butterfly	20
21	7 year olds 25 Butterfly	22
23	6 & Under 25 Butterfly	24
25	8 & Under 100 freestyle	26
27	8 & Under 50 Breaststroke	28
29	8 year olds 25 Breaststroke	30
31	7 year olds 25 Breaststroke	32
33	6 & Under 25 Breaststroke	34
35	8 year olds 100 IM	36
37	7 year olds 100 IM	38
39	6 & Under 100 IM	40

Saturday, January 30, 2010 - Session 2

Warm Up: 11:15 AM

Start: 12:00 PM

<b>Girls Event #</b>	<b>Event Description</b>	<b>Boys Event #</b>
41	12 & under 200yd Individual Medley	42
43	OPEN 400yd Individual Medley	44
45	12 & under 200yd Freestyle	46
47	OPEN 200yd Breastroke	48
49	12 & under 100yd Breastroke	50
	20-minute break	
51	OPEN 500 Freestyle	52

Sunday, January 31, 2010 - Session 3

Warm Up: 11:15 AM

Start: 12:00 PM

<b>Girls Event #</b>	<b>Event Description</b>	<b>Boys Event #</b>
53	OPEN 200yd Backstroke	54
55	12 & under 100yd Backstroke	56
57	OPEN 200yd Butterfly	58
59	12 & under 100yd Butterfly	60
	20-minute break	
61	OPEN 1650 Freestyle	62

